

February 1, 2019

Dear Parents of Trinity Christian's 4th – 8th Graders,

I pray you're all enjoying the wonderful weather.

Please keep this updated basketball practice schedule
Mondays, Wednesdays, and Fridays, February-March.

Our two main goals are building children's skills, so we can perform well next year, and getting children to enjoy their improvement from playing a fun, popular game. In addition, with our own scrimmages, we can experience and develop some teamwork situations and attitudes.

The practices are not mandatory, and I don't require a notice that the student will not be attending a certain day (though it's a good habit to let the coach know beforehand). Again, students may miss practices without a problem; I'll work with whomever we have that day.

We'll work on passing, dribbling, shooting, defense, posture, movements, focus, adapting, practicing new movements to the point of "muscular memory", encouraging team members, and good sportsmanship. Students may leave whenever a parent/guardian arrives to pick them up.

- Feb. 1 Fri. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- Feb. 4 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- Feb. 6 Wed. 3:10-4:30 grades 4-8 Basketball Practice in Gym**
- Feb. 8 Fri. 3:10-4:30 grades 4-8 Basketball Practice in Gym**

- Feb. 11 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- Feb. 13 Wed. 3:10-4:30 grades 4-8 Basketball Practice in Gym**
- Feb. 15 Fri. No Basketball Practice – Set Up for Saturday's Silent Auction**

- Feb. 18 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- Feb. 20 Wed. 3:10-4:30 grades 4-8 Basketball Practice in Gym**
- Feb. 22 Fri. 3:10-4:30 grades 4-8 Basketball Practice in Gym**

Feb. 23-March 3 School Break, No Practices

- March 4 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- March 6 Wed. 3:10-4:30 grades 4-8 Basketball Practice in Gym**
- March 8 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**

- March 11 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- March 13 Wed. 3:10-4:30 grades 4-8 Basketball Practice in Gym**
- March 15 Fri. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**

- March 18 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- March 20 Wed. 3:10-4:30 grades 4-8 Basketball Practice in Gym**
- March 22 Fri. No Practice**

- March 25 Mon. 3:10-4:30 pm grades 4-8 Basketball Practice in Gym**
- March 27 Wed. 3:10-4:30 grades 4-8 Basketball Practice in Gym**
- March 29 Fri. 3:10-4:30 grades 4-8 Basketball Practice in Gym**

